

# Southeast Idaho Resource Directory



*Assistance. Advocacy. Answers on Aging.*

**Southeast Idaho Council of Governments  
Area Agency on Aging**

**208-233-4032    800-526-8129**

**[www.sicog.org](http://www.sicog.org)**

***Dedicated to protection, independence and  
dignity of individuals through advocacy and service***

**SICOG/Area Agency on Aging**

**214 E. Center St.**

**Pocatello, ID 83201**

**Phone: 208-233-4032**

*AAA administers aging programs in seven southeast Idaho counties:*

- **Bannock**
- **Bear Lake**
- **Bingham**
- **Caribou**
- **Franklin**
- **Oneida**
- **Power**

*AAA provides:*

- **Adult protection services:** *investigates allegations of abuse, neglect and exploitation of vulnerable adults, age 18 and over*
- **Information and assistance:** *it is a point of entry for individuals contacting the agency regarding senior, disabled and family caregiver concerns and options*
- **Medicare Outreach:** *assists with Medicare questions and enrollment*
- **Ombudsman:** *advocate, investigates assisted living and nursing home complaints*

**Director, Mike Hirschi** [mike@sicog.org](mailto:mike@sicog.org)

**Adult Protection, Susan** [cronquist@sicog.org](mailto:cronquist@sicog.org)

**Information and Assistance, Sandy** [sandy@sicog.org](mailto:sandy@sicog.org)

**Ombudsman, Liz** [liz@sicog.org](mailto:liz@sicog.org)

***This Booklet is provided by:***

***Area V Agency on Aging***

***All agencies in this booklet are entered by service. This booklet is not a complete list of resources for seniors in the seven Southeast Idaho Counties. If you are unable to find the service you are looking for call 208-233-4032.***

***Disclaimer: This directory is intended to inform the public about services available in southeast Idaho. It is not intended as an endorsement of any service or service provider mentioned within. It does not necessarily include all services available throughout the area served by the Area V Agency on Aging.***

## Table of Contents

<u>Page</u>	<u>Description</u>
2	SICOG/Area Agency on Aging
3	Table of Contents
4	AARP
4	Area Agency on Aging Offices
5-7	Assisted Living
7-8	Nursing Homes
8	Children's Day Care Services
8-9	Cleaning Services
9	Crisis
9	Dental Services
9-11	Disabilities/Services
11-12	Emergency/Medical Personal Response Systems
12-13	Education
13	Employment
13-15	Food & Financial Assistance
15-16	Health Information
16	Home Delivered Services
16-17	Groceries
17-18	Pharmacy's
18	Home Meals Delivered
18-19	Home Health Care
19-20	Homemakers
20-21	Hospice
21	Hospitals
21-22	Housing
22	Emergency Housing
22	Retirement Living
22-24	Senior & Disabled Housing/Low Income
24	Legal Assistance
25	Medical Assistance
25-26	Medicare Assistance
26-28	Senior Centers
28	Social Activities
28	Social Security Office
28-29	Support Groups
30	Tax Assistance
30	Circuit Breaker Property Tax Deduction
30	Grocery Credit Refund
30	Idaho State Tax Commission
30	Transportation
30-32	Veterans Services
32	Volunteer Opportunities

Updated 09/01/2017

Updated 09/01/2017

## **AARP STATE OFFICE**

AARP State Office  
250 S. 5<sup>th</sup> St., Ste. 800, Boise, ID  
Phone: 1-866-295-7284  
Member Services: 1-888-687-2277

## **AREA AGENCY ON AGING**

*Area Agency on Aging Offices in Idaho...*

### **Area I**

#### **North Idaho Area Agency on Aging**

2120 Lakewood Dr., Ste. B  
Coeur d'Alene, ID  
Phone: 208-667-3179  
Toll Free: 1-800-786-5536  
[www.aaani.org](http://www.aaani.org)

### **Area II**

#### **North Central Idaho Area Agency on Aging**

124 New 6<sup>th</sup> St., Lewiston, ID  
Phone: 208-746-3351  
Toll Free: 1-800-877-3206  
[www.cap4action.org](http://www.cap4action.org)

### **Area III**

#### **Southwest Idaho Interim Area Agency on Aging**

701 S. Allen, Ste. 100, Meridian, ID  
Phone: 208-332-1745  
Toll Free: 1-844-689-7562  
[PSA3@aging.idaho.gov](mailto:PSA3@aging.idaho.gov)

### **Area IV**

#### **South Central Area Agency on Aging**

315 Falls Avenue, Twin Falls, ID  
Phone: 208-736-2122  
Toll Free: 1-800-574-8656

### **Area V**

#### **Southeast Idaho Area Agency on Aging**

*We offer many programs and services to increase the quality of life for persons 60 years and over.. In addition, the AAA can provide information about a wide range of services and resources for older adults and family caregivers. Serving:*

***Bannock, Bear Lake, Bingham, Caribou, Franklin, Oneida, and Power***

214 E Center, Pocatello, ID  
Phone: 208-233-4032  
Toll Free: 1-800-526-8129

### **Area VI**

935 E. Lincoln Rd., Idaho Falls, ID  
Phone: 208-522-5391  
Toll free: 1-800-528-5750  
[info@eicap.org](mailto:info@eicap.org)

### **Idaho Commission on Aging**

*The ICOA contracts with six geographically located Area Agencies on Aging (AAA), which provide services defined in the Older Americans Act*

341 W. Washington 3<sup>rd</sup> Fl., Boise, ID  
Phone: 208-334-3833  
Toll Free: 1-877-471-2777  
[ICOA@aging.idaho.gov](mailto:ICOA@aging.idaho.gov)



*Assistance. Advocacy. Answers on Aging.*

Updated 09/01/2017

## **ASSISTED LIVING**

Resident Key Code for each facility

<b><u>CODE</u></b>	<b><u>DESCRIPTION</u></b>
AD	Alzheimer's/Dementia
DD	Developmentally Disabled
EL	Elderly
MI	Mental Illness
PD	Physically Disabled
TB	Traumatic Brain Injury
DC	Day Care

### **Ashley Manor - Hawthorne**

*AD-EL-MI-TB-DC*

4826 Hawthorne Rd., Chubbuck, ID

Phone: 208-244-2099

Email: [hawthorne@ashleycares.com](mailto:hawthorne@ashleycares.com)

### **Ashley Manor - Cedar**

*AD-EL-MI-TB-DC*

1525 E. Cedar, Pocatello, ID

Phone: 208-244-2099

[cedar@ashleycares.com](mailto:cedar@ashleycares.com)

### **Bear Lake Manor**

*EL-AD-DD-DC*

855 Boise St., Montpelier, ID

Phone: 208- 847-2400

### **Caring Hearts (3 locations)**

*AD-EL-MI*

3440 E. Center St., Pocatello, ID

Phone: 208-232-0287

### **Cedar Living Center - DD**

270 Cedar St., Blackfoot, ID

Phone: 208-785-5890

### **Copper Summit - EL**

2424 Birdie Thompson Dr., Pocatello ID

Phone: 208-233-1914

[www.tanabell.com](http://www.tanabell.com)

### **Edgewood - American Falls**

*EL-AD-DC*

605 Hillcrest Ave, American Falls, ID

Phone: 208-226-1856

### **Edgewood - Soda Springs**

*EL-AD-DC*

425 S. Spring Creek Dr., Soda Springs, ID

Phone: 208-547-0257

### **Elegant (4 Bldgs.)**

*AD-DD-EL-MI-PD-TB-DC*

1256 Wright Ave., Pocatello, ID

Phone: 208-478-9400

Email: [elegantassisted@gmail.com](mailto:elegantassisted@gmail.com)

### **Brookdale of Pocatello**

*EL-MI-DC*

1501 Baldy Ave., Pocatello, ID

Phone: 208-237-6866

### **Brookdale of Chubbuck**

*EL-AD-MI-TB-DD-DC*

4080 Hawthorne Rd, Chubbuck, ID

Phone: 208-237-3000

### **Gables of Blackfoot I & II**

*AD-EL-MI-PD*

2815 & 2820 Hunters Loop, Blackfoot, ID

Phone: 208-785-2506

### **Gables of Pocatello**

*AD-EL-PD-MI*

2805 S. Grant, Pocatello, ID

Phone: 208-232-1091

### **Gables of Pocatello II**

*AD-EL-PD-MI*

1451 South Bannock Hwy, Pocatello, ID

Phone: 208-232-0903

Updated 09/01/2017

## **ASSISTED LIVING**

### **Gables of Shelley** *TB-AD-EL-MI-PD*

530 River Pointe Ln., Shelley, ID

Phone: 208-357-3110

### **Gem Village (4 Bldgs.)**

*AD-DD-EL-MI-PD-TB*

490 Emerald St., Blackfoot, ID

Phone: 208-785-9920

### **Golden Age Heritage Home (2 Bldgs.)**

*EL-AD-DD-MI-PD-DC*

155 E. 3<sup>rd</sup> N., Preston, ID

Phone: 208-852-2273

Email: [jordan@heritageofpreston.com](mailto:jordan@heritageofpreston.com)

### **Independence Home** *DD-PD*

430 Willard Ave., Pocatello, ID

Phone: 208-234-0008

### **Kimball's Residential Care**

*DD-EL-MI-AD*

54 E. River Rd., Blackfoot, ID

Phone: 208-785-5994

### **Lighthouse Living, LLC - MI**

1005 Airport Rd., Blackfoot, ID

Phone: 208-782-0624

Email: [lighthouseliving@yahoo.com](mailto:lighthouseliving@yahoo.com)

### **Malad Living Center**

*AD-DD-EL-MI-PD-TB*

151 W. 200 N., Malad, ID

Phone: 208-766-4724

### **Pocatello Living Center** *EL-MI*

520 Willard, Pocatello, ID

Phone: 208-232-2610

### **Quail Ridge Assisted Living** *EL-DC*

797 Hospital Way, Pocatello, ID

Phone: 208-233-8875

<https://www.centurypa.com/senior-living/quail-ridge/>

### **Rosetta Assisted living**

*AD-DD-EL-MI-PD-DC*

1590 Delphic Way, Pocatello, ID

Phone: 208-238-9215

### **Diamond Peak**

#### **Blackfoot**

*AD-DD-EL-MI-PD-TB-DC* (All Facilities)

875 S. Pendlebury Ln, Blackfoot, ID

Phone: 208-785-3627

#### **Chubbuck**

4875 Burley Drive, Chubbuck, ID

Phone: 208-234-1200

#### **Pocatello**

5685 Bannock Hwy, Pocatello, ID

Phone: 208-239-0480

#### **Lava Hot Springs**

580 W. Elm, Lava Hot Springs, ID

Phone: 208-776-5899

#### **Shelley**

183 E. Oak Street, Shelley, ID

Phone: 208-357-3589

### **Whispering Pines - Downey**

*AD-DD-EL-MI-PD-DC*

351 E. Center St., Downey, ID

Phone: 208-897-5683

### **The Willows** *AD-EL-TB-MI-PD-DC*

898 S. Meridian, Blackfoot, ID

Phone: 208-782-1478

[executivedirector@willowsliving.net](mailto:executivedirector@willowsliving.net)

## **NURSING HOMES**

*(Some facilities may provide adult daycare and/or Respite)*

### **Bear Lake Memorial Nursing Home**

164 S. 5<sup>th</sup>, Montpelier, ID

Phone: 208-847-1630

[www.blmhospital.com](http://www.blmhospital.com)

### **Bingham Co. Hosp. /Nursing Home**

*(Day Care Offered)*

98 Poplar St., Blackfoot, ID

Hospital: 208-785-4100

Nursing Home: 208-785-4101

[www.binghammemorial.org](http://www.binghammemorial.org)

### **Caribou Memorial Hosp. /Living Center**

300 S. 3<sup>rd</sup> W., Soda Springs, ID

Hospital: 208-547-3341

Nursing Home: 208-547-2771

[www.cmhlc.org](http://www.cmhlc.org)

### **Franklin Co. Hosp. /Nursing Home**

*(Day Care Offered)*

44 N. 1<sup>st</sup> E., Preston, ID

Hospital: 208-852-0137

Fax: 208-852-3812

Nursing Home: 208- 852-0530

[www.fcmc.org](http://www.fcmc.org)

### **Gateway Transitional Care**

527 Memorial Drive, Pocatello, ID

Phone: 208-478-3333

### **Idaho State Veteran's Home**

1957 Alvin Ricken Dr., Pocatello, ID

Phone: 208-235-7800

### **Monte Vista Hills Healthcare Center**

1071 Renee Ave., Pocatello, ID 83201

Phone: 208-233-1411

### **Oneida County Nursing Home**

*(Day Care Offered)*

150 N. 200 W., Malad, ID

Phone: 208-766-2231

[www.oneidacountyhospital.com](http://www.oneidacountyhospital.com)

### **Power County Hospital District/ Nursing Home**

*(Day Care Offered)*

510 Roosevelt, American Falls, ID

Phone: 208-226-3200

[www.pchd.net](http://www.pchd.net)

### **Quinn Meadows Rehab & Care Center**

1033 W. Quinn Rd., Pocatello, ID

Phone: 208-242-3751

[www.tenabell.com](http://www.tenabell.com)

### **Safe Haven Hosp. /Care Center**

*Specializes in care for those with behavioral needs*

1200 Hospital Way, Pocatello, ID

Phone: 208-232-2570

[www.safehavenhealthcare.org](http://www.safehavenhealthcare.org)

### **Syringa Chalet Nursing Facility**

700 E. Alice St., Blackfoot, ID

Phone: 208-785-8504



## **CHILDREN'S DAY CARE SERVICES**

### **Idaho Care Line**

*Child Care Resource and Referral, this is for parents, grandparents raising grandchildren, or anyone else needing child care services.*

### **Call 211**

Toll Free: 1-800-926-2588 (Region VI)

## **CLEANING SERVICES**

### **All American Cleaning & Restoration**

3810 N. Yellowstone, Idaho Falls, ID  
Phone: 208-529-8179

### **Best Clean Care**

858 Jones Dr., Pocatello, ID  
Phone: 208-238-0858

### **Clean Step-Cleaning & Restoration**

775 Yellowstone Ave., Pocatello, ID  
Phone: 208-221-3086

### **K&L Kem Brite**

1668 Calico Circle, Pocatello, ID  
Phone: 208-232-4578

### **Medalist Cleaning**

208 Laurel Ln. #A, Pocatello, ID  
Phone: 208-237-0114

### **Night Owl Janitorial**

4976 W. Buckskin Rd., Pocatello, ID  
Phone: 208-232-7709

### **On The Spot Cleaning & Restoration**

4950 Valenty Dr. Ste. C, Chubbuck, ID  
Phone: 208- 684-3137

## **CRISIS INFORMATION**

### **Bingham Crisis Center**

*Victims of Domestic Violence or Sexual Abuse: Men, Women and Children.*

288 North Shilling, Blackfoot, ID  
Phone: 208-785-1047

### **Family Service Alliance (FSA)**

*Promote safe & thriving families, work to end physical, sexual, & emotional abuse, & provide victim support in southeast Idaho.*

355 S. Arthur Ave., Pocatello, ID  
Phone: 208-232-0742

[contact@FSAlliance.org](mailto:contact@FSAlliance.org)

***In case of urgent need please contact our Crisis Line at 208- 251- HELP (4357) Suicide Prevention1-800-784-2433***

## **DENTAL SERVICES**

### **Health West Community Dental Care**

1000 N. 8<sup>th</sup> Ave., Pocatello, ID 83201  
Phone: 208-232-3368

### **ISU- Dental Hygiene Program -ISU**

921 S. 8<sup>th</sup>, Pocatello, ID 83201  
Phone: 208-282-3282

### **Pocatello Family Dentistry - Clinic**

465 Memorial Dr., Pocatello, ID 83201  
Phone: 208-282-6000

### **Pocatello Free Clinic**

429 Washington Ave., Pocatello, ID  
Phone: 208-233-6245

### **Southeast Idaho Public Health**

1901 Alvin Ricken Dr., Pocatello, ID  
Phone: 208-233-9080

## **DISABILITIES/SERVICES**

### **Access Point Family Services, Inc.**

5565 Yellowstone Ave., Chubbuck, ID  
Phone: 208-478-9344

### **Adolescent & Child Development Center, LLC**

151 N. 3<sup>rd</sup> Ste. 110, Pocatello, ID  
Phone: 208-232-5622

[adolescentcdc.notes@gmail.com](mailto:adolescentcdc.notes@gmail.com)

### **ALLIES Family Solutions- DBA Advocacy and Learning**

818 E. Lander St., Pocatello, ID  
Phone: 208-234-2094

### **American Legion**

*Loans Assistive devices for veterans or families*

Contact: Mike Ellefson

Phone: 208-612-4838

### **Area V Agency on Aging**

*Loans Assistive Devices*

214 E. Center St., Pocatello, ID

Phone: 208-233-4032

Toll Free: 1-800-526-8129

### **Aspire Human Services**

*Intermediate Care Facility*

444 Hospital Way #701, Pocatello, ID

Phone: 208-238-5950

### **Beltone Hearing Center**

Patient Care Coordinator,

Ann Warnock (208) 232-2100

444 Hospital Way, Suite 422

Pocatello, Idaho

### **Co-Ad, Inc. - Disability Rights Idaho**

*Disability Advocacy Services*

*We advocate for all people with disabilities in Idaho regardless of the type of disability or the age of the person. We help people with disabilities:*

- *to address abuse and neglect*
- *to obtain services and supports they need to live, work and play in their own homes and communities*
- *to get an appropriate education*
- *to access to health care*
- *to find and use vocational services and to get support for employment*
- *to redress discrimination, and*
- *to achieve equal access to buildings and services*

1246 Yellowstone Ave. Ste. A3

Pocatello, ID

Phone: 208-232-0922

Toll Free: 1-866-262-3462

[www.disabilityrightsidaho.org](http://www.disabilityrightsidaho.org)

### **Community Connection of Idaho**

771 Yellowstone Ave.

Pocatello, ID 83201

Phone: 208-233-2080

### **Council for Deaf & Hard of Hearing**

1720 Westgate Drive, Boise, ID

Phone: (Voice) 208-334-0879

Phone: 208-473-2122

### **Dawn Enterprises, Inc.**

280 N. Cedar St. Blackfoot, ID

Phone: 208-785-5890

## **DISABILITIES/SERVICES**

### **Franklin County Developmental Services**

126 E. 100 N., Preston, ID

Phone: 208-852-0324

### **Human Development Center**

*Mental Health services for adults who have persistent and severe mental illness*

421 Memorial Drive, Pocatello, ID

Phone: 208-234-7900

**After Hours Crisis Line 208-234-8685**

### **Idaho Assistive Technology Project**

*Services include: Info/Referral; Assisted Tech; Low Interest Loan Program, Recycling/Used Equipment*

121 W. Sweet Ave., Moscow, ID

Phone: 208- 885-6097

Toll Free: 800-432-8324

Email: [info@idahoat.edu](mailto:info@idahoat.edu)

### **Idaho Commission for the Blind & Visually Impaired**

427 N. Main St. Ste. K, Pocatello, ID

Phone: 208-236-6392

Website: [www.icbvi.idaho.gov](http://www.icbvi.idaho.gov)

### **Idaho Relay Service**

*Transmits phone conversation for persons with hearing/speech impairment & unable to use the phone.*

PO Box 285 Aurora, NE 68818

- 800-377-3529 TTY
- 800-377-1363 Voice
- 866-252-0684-Spanish
- 888-791-3004-Speech to Speech
- 800-368-6185 Customer Service
- Or 711 for direct service

### **LIFE, Inc. Living Independently for Everyone**

*Enable people with disabilities to manage their own lives, make their own choices and give a person information and knowledge to assist in living with dignity.*

#### **Blackfoot Office:**

570 W. Pacific St., Blackfoot, ID

Phone: 208-785-9648

#### **Pocatello Office:**

640 Pershing Ste. A, Pocatello, ID

Phone: 208-232-2747 ~~208-234-7900~~

Toll Free: 1-800-631-2747

[www.idlife.org](http://www.idlife.org)

### **Mobil Ramps and Lifts**

*Residential or commercial applications*

Contact: Cory: 208-351-9766

[www.ameriglide-idaho-falls-id.com](http://www.ameriglide-idaho-falls-id.com)

### **Neighbor Works of Pocatello**

*Low interest loans, modification/home purchase w/in specified neighborhoods.*

206 N. Arthur Ave., Pocatello, ID

Phone: 208-232-9468

### **Southeastern ID Developmental Center**

*Physically Handicapped Home*

#### **Blackfoot Office:**

718 W. Bridge St., Blackfoot, ID

Phone: 208-782-3515

#### **Pocatello Office:**

379 Yellowstone Ave., Pocatello, ID

Phone: 208-234-8525

### **Speech and Hearing Clinic – ISU**

*Evaluation & Therapy for Hearing, speech, language, brain injury, strokes, stuttering, voice as well as Dizzy & Balance testing*

650 Memorial Dr. Bldg. 68, Pocatello, ID

Phone: 208-282-3495

Updated 09/01/2017

## **DISABILITIES/SERVICES**

### **Veterans of Foreign Wars (VFW)**

*To loan assistive devices*

300 N. Johnson Ave. Pocatello, ID 83204

Phone: 208-232-9960 Post 735

[www.vfw-pocatellopost-735.us](http://www.vfw-pocatellopost-735.us)

## **EMERGENCY/ MEDICAL PERSONAL RESPONSE SYSTEMS**

### **Assure Link**

841 Oxford Dr., Idaho Falls, ID

Phone: 208-232-0767

[www.assurelink.net](http://www.assurelink.net)

### **Home Helpers Home Health & Senior Care and Direct Link Products**

- *Land Line Personal Medical Alert System*
- *Cell Phone Personal Medical Alert System*
- *Fall Sensors*
- *The Care Watch with GPS Tracking*
- *Automated Medication Dispensers*

*FREE Installation with 6-Month Plan!*

353 E. Lander St, Pocatello, ID

Phone: 208-234-2380

[www.homehelpersofeasternidaho.com](http://www.homehelpersofeasternidaho.com)

### **Life Alarm**

Toll Free: 1-800-780-5433

[www.life-alarm.com](http://www.life-alarm.com)

### **LifeFone**

Toll Free: 1-800-882-2280

[www.lifefone.com](http://www.lifefone.com)

### **Lifeline-Franklin**

Franklin Co. Medical Ctr. Home Care

44 N. 100 E., Preston, ID

Phone: 208-852-1937

### **Idaho MedAlert**

- *Free Equipment*
- *Two Months of Free Monitoring*
- *No Commitment*
- *No Hidden Fees*

3411 Hawthorne Rd., Pocatello, ID

Contact: 208-538-2424

[idahomedalert.com](http://idahomedalert.com)

## **EDUCATION**

### **Elderhostel/Continuing Education New Knowledge Adventures**

*Short term academic classes for person  
60+*

*New Knowledge Adventures 50+ (N K A)*

ISU- 921 S. 8<sup>th</sup> Ave, Pocatello, ID

Phone: 208-282-3155

[www.isu.edu/conteduc](http://www.isu.edu/conteduc)

Email: [extendedlearnig@isu.edu](mailto:extendedlearnig@isu.edu)

### **ISU Outreach Education Centers**

*Take courses without coming to Pocatello.*

*Main campus is in Southeast Idaho, we*

*serve students with a wide variety of  
programs in many locations*

#### **American Falls:**

206 Idaho St., American Falls, ID

Phone: 208-226-1009

#### **Blackfoot:**

1443 Parkway Dr., Blackfoot, ID

Phone: 208-785-1848

**Fort Hall:** Phone: 208-478-3973

#### **Preston:**

16 S. 100 W. St. C, Preston ID

Phone: 208- 852-3566

#### **Soda Spring:**

139 W. 2<sup>nd</sup> S., Soda Spring, ID

Phone: 208-547-3843

Updated 09/01/2017

## **EDUCATION**

### **ISU Center for New Directions Programs**

*The Center for New Directions at Idaho State University assists individuals in transition to overcome personal and economic barriers to education and employment, to access training.*

Email: [cnd@isu.edu](mailto:cnd@isu.edu)

Pocatello: 208-282-2454

Blackfoot: 208-785-1848

Fort Hall: 208-478-3973

Montpelier: 208-847-4230

Preston: 208-852-3566

Soda Springs: 208-547-3843

## **EMPLOYMENT**

### **Experience Works Program**

*Senior Employment/Training*

Twin Falls- Margie Alexander

Phone: 208-734-3305

[www.experienceworks.org](http://www.experienceworks.org)

### **Idaho Dept. of Labor WIA Program**

430 N. 5<sup>th</sup> Ave, Pocatello, ID

Phone: 208-236-6710

[www.labor.idaho.gov](http://www.labor.idaho.gov)

## **FOOD & FINANCIAL ASSISTANCE**

### **Bannock County Indigent Services or Bannock County Welfare**

*Assists with payment of medical bills for catastrophic illness for uninsured Bannock co-resident, last resort for help with bills & No payments for preventive care needs*

624 E. Center St. # 106, Pocatello, ID

Phone: 208-236-7347

Email: [indigent@bannockcounty.us](mailto:indigent@bannockcounty.us)

[www.bannockcounty.us](http://www.bannockcounty.us)

### **Bingham County Indigent Services**

*Last resort for assistance*

501 N. Maple St. #207, Blackfoot, ID

Phone: 208-782-3097

### **Caribou County Indigent Services**

159 S. Main St., Soda Springs, ID

Phone: 208-547-4324 ext. 10

Email: [dhorsley@co.carbiou.id.us](mailto:dhorsley@co.carbiou.id.us)

### **City of Pocatello Home Renewal**

*Call for basic policy guidelines...*

Phone: 208-234-6185

Email: [ncs@pocatello.us](mailto:ncs@pocatello.us)

### **Consumer Services Tribal Program**

*Assist low-income community members with energy assistance, emergency food supplies, rental assistance, budget counseling, and homeless assistance.*

Contact: Lenora

Phone: 208-478-3709

### **Energy Employees Resource Center**

1820 E. 17<sup>th</sup> St. Ste. 250, Idaho Falls, ID

Phone: 208-523-0158

Toll Free: 1-800-861-8608

### **Food Pantry**

#### **Community Dinner Table**

245 W. Sexton, Blackfoot, Idaho

Contact: 208-557-4286

### **God's Home of Compassion**

*Food pantry, clothing, toiletries*

845 Hyde St, Pocatello

Phone: 208-236-0075

## **FOOD & FINANCIAL ASSISTANCE**

### **Idaho Food Bank**

555 S. 1<sup>st</sup> Ave., Pocatello, ID

Phone: 208-233-8811

[www.idahofoodbank.org](http://www.idahofoodbank.org)

### **Idaho Health & Welfare**

*Cash Assistance, Food Stamps and  
Medicaid Enrollment & Assistance*

Toll Free: 1-877-456-1233

### **Idaho Power**

Saving Around Power

*Weatherization Solution Program*

*Serving Bannock, Bingham, Power, and  
Oneida counties*

Phone: 208-237-0991

### **Health and Welfare (Medicaid)**

*Info on medical, personal care assistance &  
Medicaid, food stamps, Aid to the Aging,  
Blind, Disabled, and Personal Care Costs*

#### **Blackfoot Office**

701 E Alice St.

Phone: 208-785-5826

#### **Pocatello Office**

1070 Hiline Rd.

Phone: 208-235-2900

#### **Preston Office**

223 N. State St.

Phone: 208-852-0634

[www.healthandwelfare.idaho.gov](http://www.healthandwelfare.idaho.gov)

### **Project Share**

*A Salvation Army partner assisting low  
income families*

Bannock County- **Salvation Army**

Phone: 208-232-5318

Bingham County and Fort Hall-**SEICCA**

Phone: 208-785-1583

Power County-**Power County Clerk**

Phone: 208-226-7611

### **Project Warmth**

*Neighbors helping neighbors-rallying  
together to offer interim help with cold-  
weather heating bills.*

Bear Lake County- 208- 847-1462

Bannock County- 208-233-7348

Caribou County- 208-547-4257

### **LIHEAP**

*Low Income Home Energy Assistance  
Program- (SEICCA)*

American Falls, Blackfoot, Montpelier,  
Pocatello, and Soda Springs

Phone: 208-233-7348

### **NeighborWorks of Pocatello**

*The Financial Fitness program helps  
people achieve better financial health and  
improve their housing situations.*

206 N. Arthur, Pocatello, ID

Phone: 208-232-9468

[www.pnhs.org](http://www.pnhs.org)

### **Idaho Food Bank-Commodity**

555 S. 1<sup>st</sup> Ave

Pocatello, 208-233-8811

## **FOOD & FINANCIAL ASSISTANCE**

### **Salvation Army**

*Emergency & minimum financial aid for gasoline, groceries & shelter to those in need*

400 N 4<sup>th</sup> Ave, Pocatello, ID

**Soup Kitchen Hours:** Mon.-Sat. 11:00am

**Food Boxes Hours:** Mon.-Fri. 1:00pm-4pm

Phone: 208-232-5318

### **SEICCA Southeastern Idaho Community Action Agency, Inc.**

*Variety of services in the 7 counties to low income-disabled-elderly residents*

*Food/clothing bank, energy/utilities & weatherization* [www.seiccaa.org](http://www.seiccaa.org)

825 E Bridger, Pocatello ID

Phone:       Bannock - 208-232-1114  
              Bear Lake -208- 847-1462  
              Bingham - 208- 785-1583  
              Caribou- 208-547-4257  
              Franklin- 208-852-1515  
              Oneida- 208-766-2737  
              Power- 208-226-7330

### **St. Vincent De Paul Society**

*Food and clothing bank, limited emergency funds available for energy assistance, rent, phone, groceries.*

855 S 2<sup>nd</sup> St, Pocatello, ID

Phone: 208-233-2555-*Thrift Store*

Phone: 208-406-1212-*Social Services*

*Help Line: 208-331-2208*

### **Shoshone-Bannock-Tribes**

PO Box 306 Agency Rd, Fort Hall, ID

Phone: 208-478-3909

### **US Dept. of Agriculture Rural Division**

*Assist low-income homeowners with loans for general repairs to improve/modernize property or Grant funds may be used only for repairs/improvements that remove health/ safety hazards, or repair/remodel dwellings to make accessible/useable for household members w/disabilities.*

### **Bannock, Bingham, and Power Counties**

725 Jensen Grove Dr. #1, Blackfoot ID

Phone: 208- 785-5840 ext. 4

Phone: 208-785-6600 ext. 121

### **Bear Lake, Caribou, Franklin, and Oneida Counties**

98 E 800 N., Preston, ID

Phone: 208- 852-0482 ext. 116

### **U.S. Railroad Retirement Board**

844 N Rush St., Chicago IL

Toll Free: 877- 772-5772

TTY: 312- 751-4701

Directory: 312-751-4300

### **Veteran Center (See Veteran Services)**

*Counseling and Pension Information to veterans and dependents*

1800 Garrett Way, Pocatello, Id

Phone: 208-232-0316

## **PAYEE SERVICES**

### **Life Inc.**

636 Pershing St. Ste. C, Pocatello, ID

Contact: Dena Ruffridge

Phone: 208-478-0265

Email: [dena@idlife.org](mailto:dena@idlife.org)

## **HEALTH INFORMATION**

### **Health West Clinics**

*Providing high quality health care for all, regardless of a patient's ability to pay*

#### **Aberdeen Health West Clinic**

330 N. Main, Aberdeen, ID  
Phone: 208-397-4126

#### **American Falls Health West Clinic**

823 Reed St., American Falls, ID  
Phone: 208-226-2822

#### **Chubbuck Health West Clinic**

880 W. Quinn Rd., Chubbuck, ID  
Phone: 208-232-6260

#### **Downey Health West Clinic**

79 N. Main St., Downey, ID  
Phone: 208-897-5600

#### **Lava Health West Clinic**

85 S. 5<sup>th</sup> W., Lava Hot Springs, ID  
Phone: 208-776-5202

#### **McCammom Health West Clinic**

204 Center St., McCammom, ID  
Phone: 208-254-9326

#### **Pocatello Family Medicine**

465 Memorial Dr., Pocatello, ID  
Phone: 208-234-4700

#### **Pocatello Health West Clinic**

1000 8<sup>th</sup> St., Pocatello, ID  
Phone: 208-232-6260

#### **NOT-TSOO-GAH-NEE Medical Center**

PO Box 717; Mission Rd; Fort Hall, ID  
Phone: 208-238-5427

#### **Pocatello Free Clinic**

429 Washington Ave. Pocatello, ID 83201  
Contact: 208-233-6245 Fax: 233-1065

## **Southeastern Id Public Health Offices**

*Community and environmental Health*

### **Bannock County**

1901 Alvin Ricken Dr., Pocatello, ID  
Phone: 208-233-9080

### **Bear Lake County**

455 Washington #2, Montpelier, ID  
Phone: 208-847-3000

### **Bingham County**

326 Popular St., Blackfoot, ID  
Phone: 208-785-2160

### **Caribou County**

55 E.1st S., Soda Springs, ID  
Phone: 208-547-4375

### **Franklin County**

42 W. First S., Preston, ID  
Phone: 208-852-0478

### **Oneida County**

175 S. 300 E., Malad, ID  
Phone: 208-766-4764

### **Power County**

590½ Gifford St., American Falls, ID  
Phone: 208-226-5096

## **Dining with Diabetes**

*If diabetes is a concern in your life, consider a Dining with Diabetes class. This course will provide training to manage your meals, physical activity and health. Daily steps to improve health and well-being make a lifestyle change possible. This four-week course costs \$10 per person and requires pre-registration. Call for class schedule. Call 208-236-7310 to get registered today.*



## **HOME DELIVERED SERVICES**

### **Groceries Delivered:**

#### **BI-LO Food Center**

*Place order before noon, charge delivery  
\$12.00, minimum order of \$40 in groceries  
Only M, W, F & Sat  
333 N. 15<sup>th</sup> Ave., Pocatello, ID  
Phone: 208-232-5739*

#### **Broulim's Super Market Inc.**

*Call for delivery services  
570 S. State St., Shelley, ID  
Phone: 208-357-0463*

#### **Fort Hall Nutrition Program**

*P.O. Box 306; Fort Hall, ID  
Phone: 208-478-3859  
Phone: 208-478-3858*

**Lunch @ Center** at 11:30

**Deliver meals** M-F

#### **Home-Style Direct**

*Prepared meals shipped directly to you  
159 Kimberly, ID 83341  
Toll Free: 1-866-735-0921  
[www.homestyledirect.com](http://www.homestyledirect.com)*

#### **Minnetonka Market & Café**

*No charge for delivery in town  
194 N. Main St., Charles, ID  
Phone: 208- 945-2348*

#### **Mom's Meals (mail-order)**

*718 SE Shurine Dr., Ankeny, Iowa  
Toll Free: 1-877-508-6667  
[www.momsmeals.com](http://www.momsmeals.com)*

#### **Oliver's Restaurant**

*Some Groceries are available for delivery.  
Delivery fee 10% of order cost (20.00 min.)  
130 S. 5<sup>th</sup> Ave., Pocatello, ID  
Phone: 208-234-0672*

#### **Oneida Co. Hosp Home Delivered Meals**

*Lunch only at 11:30-12:30 7 days a week  
150 N. 200 W., Malad, ID  
Contact: Melanie Bowcutt  
Phone: 208-766-5805*

#### **SEICAA Senior Services**

##### **Meals on Wheels**

*Hours 7am - 5:30P M-Thur.  
825 E. Bridger St., Pocatello, ID  
Phone: 208-233-9677 x 140*

#### **Stop and Shop Grocery**

*Order 1 day prior to delivery  
No charge: Firth and surrounding areas.  
409 S. Main St., Firth, ID  
Phone: 208-346-4348*

#### **Thomas Market**

*Order morning for afternoon delivery  
170 S. Main St., Malad, ID  
Phone: 208-766-4030*

## **Pharmacy & Drug Stores Delivery:**

### **Allen Drug**

*Delivery begins at 4pm. No Sunday  
No charge for Malad delivery*  
4<sup>th</sup> N. Main St., Malad, ID  
Phone: 208-766-2241

### **Ed Snell's Pharmacy Shop**

*Placed order before 4pm for same day  
delivery. Current refill needed. Free  
delivery: Pocatello & Chubbuck.*  
1015 E. Young St., Pocatello, ID  
Phone: 208-232-0049

### **London Drug**

*Call for delivery services*  
6<sup>th</sup> S. Main St., Grace ID  
Phone: 208-425-3766

### **Maag Pharmacy**

333 W. Center St., Pocatello, ID  
Phone: 208-233-MAAG (6224)  
Toll Free: 1-800-333-2062

### **Pharmacy Shop**

*Place order before 4pm for same day  
delivery. No delivery charge for Blackfoot.*  
69 N. Pine St., Blackfoot, ID  
Phone: 208-785-3510

### **Preston Drug**

*Call for delivery services*  
39 N. 1<sup>st</sup> E., Preston, ID  
Phone: 208-852-1563

### **Rockland Pharmacy, Inc**

*Delivery only in town*  
524 Tyhee Ave., American Falls, ID  
Phone: 208-226-2411

### **Shaver's Pharmacy**

*Free delivery Monday to Friday*  
235 S. 4<sup>th</sup> Ave., Pocatello, ID  
Phone: 208-233-3341

### **Wallace Drug**

44 S. Main St. Aberdeen, ID  
Phone: 208-397-4540

### **Fort Hall Nutrition Program**

*Center lunch at 11:30 Deliver meals M-F*  
P.O. Box 306, Fort Hall, ID  
Phone: 208-478-3859  
Phone: 208-478-3858

## **HOME HEALTH CARE**

### **Access Home Care and Hospice**

240 W. Burnside St. Ste. B, Chubbuck, ID  
Phone: 208-637-2273  
Toll-free: 1-888-755-6599

### **Blackfoot**

131 North Oak Street  
Blackfoot, ID 83221 Office: 208-785-2003  
Fax: 208-785-9883

**Counties served:** Bingham • Bonneville •  
Fremont • Madison

**Preston** 208-852-1699

307 S 1st E, Preston

**Counties served: Franklin • Bear  
Lake • Caribou • Oneida**

[www.accesshomecareandhospice.com](http://www.accesshomecareandhospice.com)

### **Bear Lake Memorial Home Health**

164 S. 5<sup>th</sup>, Montpelier, ID  
Phone: 208-847-4454  
Email: [bonnie.duncan@blmhospital.com](mailto:bonnie.duncan@blmhospital.com)

Updated 09/01/2017

## **HOME HEALTH CARE**

**Blackfoot Home Health & Hospice**  
1443 Parkway Dr. Ste. 2, Blackfoot, ID  
Phone: 208-782-1084  
[www.theaspengroup.net](http://www.theaspengroup.net)

**Community Wellness Center**  
1509 N. Arthur Ave; Pocatello, ID  
Phone: 208-234-7199  
[www.communitywellness.net](http://www.communitywellness.net)

**Encompass Home Health and Hospice**  
1479 Bench Rd., Pocatello, ID  
Phone: 208-637-1100  
[www.ehhh.com](http://www.ehhh.com)

**First Choice Home Care**  
175 Jefferson Ave. Pocatello, ID  
Phone: 208-234-1413

**Franklin Co Medical Center Home Care**  
44 N. 100 E., Preston, ID  
Phone: 208-852-1937 [www.fcmc.org](http://www.fcmc.org)

**Helping Hands Home Health**  
2785 Bannock Hwy, Pocatello, ID  
Phone: 208-232-2009  
[www.helpinghands2009@hotmail.com](mailto:www.helpinghands2009@hotmail.com)

**Heritage Home Health & Hospice**  
1009 W. Quinn Rd., Pocatello, ID  
Phone: 208-238-0088  
[www.heritagehomehealth.org](http://www.heritagehomehealth.org)

**Home Helpers Home Health & Senior Care**  
353 E. Lander St., Pocatello, ID  
Phone: 208-234-2380  
[easternidaho@homehelpershomecare.com](mailto:easternidaho@homehelpershomecare.com)

**Horizon Home Health and Hospice**  
527 Memorial Dr. Suite B1  
Pocatello, ID 83201  
Phone: 208-233-2279

**Oneida County Hospital & Home Care**  
150 N 200 W., Malad, ID  
Contact: Melanie Bowcutt  
Phone: 208-766-5805  
Email: [mbowcutt@oneidahospital.com](mailto:mbowcutt@oneidahospital.com)

**Portneuf Home Health Care Services**  
1111 N. 8<sup>th</sup> Ste. B, Pocatello, ID  
Phone: 208-239-2150  
[www.amedisy.com](http://www.amedisy.com)

**Pro Health Home Care Services**  
936 E. Center St., Pocatello, ID  
Phone: 208-235-6565  
[www.prohealth.org](http://www.prohealth.org)

**A Better Life Home Care**  
745 W. Bridge St., Blackfoot, ID  
Phone: 208-785-2969

**Bear Lake Memorial Home Health Care**  
164 S 5<sup>th</sup>, Montpelier, ID  
Contact: Bonnie  
Phone: 208- 847-4454

**Care Connection of Idaho**  
*Serving: Bannock Bingham and Power*  
215 N. 9<sup>th</sup> St. Ste. F, Pocatello, ID  
Phone: 208- 240-5535  
[CareConnectionofidaho@gmail.com](mailto:CareConnectionofidaho@gmail.com)

Updated 09/01/2017

## **HOMEMAKER**

### **Caring Hearts Senior Care**

*Serving: Bannock Bingham, Caribou & Power*

2601 Pole line Rd., Pocatello, ID

Contact: Joyce or Darren

Phone: 208-269-7150 (Joyce)

Phone: 208-339-2229 (Darren)

[www.caringheartsseniorcare.com](http://www.caringheartsseniorcare.com)

### **ComForCare**

410 Yellowstone Ave, Ste. 209, Pocatello

Phone: 208-417-0530

### **Community Wellness Center**

1509 N. Arthur St., Pocatello, ID

Phone: 208-234-7199

[www.communitywellness.net](http://www.communitywellness.net)

### **First Choice Home Care**

175 Jefferson Ave., Pocatello, ID

Phone: 208-234-1413

### **Franklin County Home Care**

44 N. 100 E., Preston, ID

Phone: 208-852-1937

### **Friends and Family Home Care, LLC**

*Serving: Bannock, Bingham & Power*

4922 Yellowstone Ave. Ste. B, Chubbuck

Phone: 208-244-4136

[friendsandfamily@cableone.net](mailto:friendsandfamily@cableone.net)

### **Heartwork Connections/Personal Care**

*Bannock, Bingham, Caribou, Oneida, Power*

1443 Parkway Dr. Ste. 2, Blackfoot, ID

Phone: 208-782-1088

[heartworkconnections@hotmail.com](mailto:heartworkconnections@hotmail.com)

### **Helping Hands Personal Care Service**

*Serving: Pocatello, Chubbuck, Blackfoot, Soda Springs, & Preston*

2785 Bannock Hwy, Pocatello, ID

Phone: 208-232-2009

### **Home Helpers**

*Serving: Bannock, Bear Lake, Bingham & Power*

353 E. Lander St., Pocatello ID

Phone: 208-406-2380

Cell: 208-760-9142

[www.homehelpersofeasternidaho.com](http://www.homehelpersofeasternidaho.com)

### **Oneida County Hospital Home Care**

150 N. 200 W., Malad, ID

Contact: Melanie Bowcutt

Phone: 208-766-5805

### **PCS Helping Hands**

2785 Bannock Hwy

Pocatello, ID 83204

Phone: 208-232-2009

### **Pro Health Home Care Services**

936 E. Center St., Pocatello, ID

Phone: 208-235-6565

[www.prohealth.org](http://www.prohealth.org)

### **Quality Home Care Staffing Service**

*Serving: Bannock, Bingham & Power*

258 McKinley, Pocatello, ID

Phone: 208-235-4677

Email: [qltyhmc@aol.com](mailto:qltyhmc@aol.com)

### **Senior Care**

*Serving All 7 southeast ID counties*

28 S. 1100 E., American Fork, UT

Phone: 801-642-2665

Toll Free: 1-888-551-6771

Email: [sue@trustseniorcare.com](mailto:sue@trustseniorcare.com)

Updated 09/01/2017

## **HOSPICE**

### **Access Home Care and Hospice**

240 W. Burnside St. Ste. B, Chubbuck, ID  
Phone: 208-637-2273

### **Blackfoot**

131 North Oak Street  
Blackfoot, ID 83221 Office: 208-785-2003  
Fax: 208-785-9883

**Counties served:** *Bingham • Bonneville •  
Fremont • Madison*

**Preston** 208-852-1699

307 S 1st E, Preston

**Counties served:** *Franklin • Bear  
Lake • Caribou • Oneida*

[www.accesshomecareandhospice.com](http://www.accesshomecareandhospice.com)

### **Alliance Home Health, Hospice & Personal Care Services**

440 E. Clark St, Pocatello, ID  
Phone: 208-478-6677

### **Blackfoot Home Health & Hospice**

1443 Parkway Dr. Ste. 2, Blackfoot, ID  
Phone: 208-782-1084

[www.theaspengroup.net](http://www.theaspengroup.net)

### **Encompass Home Health and Hospice**

1479 Bench Rd., Pocatello, ID  
Phone: 208-637-1100

[www.ehhi.com](http://www.ehhi.com)

### **Hearts for Hospice**

Phone: 208-552-1177

### **Heritage Home Health & Hospice**

1009 W. Quinn Rd., Pocatello, ID  
Phone: 208-238-0088

[www.heritagehomehealth.org](http://www.heritagehomehealth.org)

### **Franklin Co. Medical Center Hospice**

44 N. 1<sup>st</sup> E., Preston, ID  
Phone: 208-852-1937

[www.fcmc.org](http://www.fcmc.org)

### **Idaho Home Health & Hospice**

315 E. Alameda, Pocatello, ID  
Phone: 208-232-1122

[www.lhcgroup.com](http://www.lhcgroup.com)

### **Solace Hospice**

*Serving: Bannock, Power, Bingham*  
Phone: 208-757-8444

[www.solacehospice.com](http://www.solacehospice.com)

## **HOSPITALS**

### **Bear Lake Memorial Hospital**

164 S. 5<sup>th</sup>, Montpelier, ID  
Phone: 208-847-1630

[www.blmhospital.com](http://www.blmhospital.com)

### **Bingham Memorial Hospital**

98 Poplar St., Blackfoot, ID  
Phone: 208-785-4100

[www.binghammemorial.org](http://www.binghammemorial.org)

### **Caribou Memorial Hospital**

300 S. 3<sup>rd</sup> W., Soda Springs, ID  
Phone: 208-547-3341

[www.cmhlc.org](http://www.cmhlc.org)

### **Franklin County Medical Center**

44 N. 1<sup>st</sup> E., Preston, ID  
Phone: 208-852-0137

[www.fcmc.org](http://www.fcmc.org)

## **HOSPITALS**

### **Oneida County Hospital**

150 N. 200 W, Malad, ID

Phone: 208-766-2231

[www.oneidahospital.com](http://www.oneidahospital.com)

### **Portneuf Medical Center**

777 Hospital Way, Pocatello, ID

Phone: 208-239-1000

[www.portmed.org](http://www.portmed.org)

### **Power County Hospital District**

510 Roosevelt, American Falls, ID

Phone: 208-226-3200

[www.pchd.net](http://www.pchd.net)

### **Safe Haven Health Care**

*Only psychiatric care and rehabilitation*

1200 Hospital Way, Pocatello, ID

Phone: 208-232-2570

[www.safehavenhealthcare.org](http://www.safehavenhealthcare.org)

### **State Hospital South**

700 E. Alice, Blackfoot, ID

Phone: 208-785-1200

## **HOUSING**

### **Alsace Village**

341 S. 1<sup>st</sup> E., Soda Springs, ID

Phone: 208- 547-3943

### **American Falls Housing Authority**

290 Tyhee Ave., American Falls, ID

Phone: 208-226-5262

Email: [afhousing@hotmail.com](mailto:afhousing@hotmail.com)

### **Aspen Wood-Senior**

235 S. 4<sup>th</sup>, Montpelier, ID

Phone: 208-847-0038

### **Diamond Court Apartments**

5315 Diamond Circle, Chubbuck, ID

Phone: 208-237-6549

### **El Rancho Grande Estate**

133 Hill Crest St., American Falls, ID

Phone: 208-226-2916

### **Fort Hall Housing** (*tribal preference*)

161 Wardance Circle, Pocatello, ID

Phone: 208-237-1174 ext. 17

### **Fountain Terrace**

351 S. 1<sup>st</sup> W., Soda Springs, ID

Phone: 208-547-2365

### **Grand Cascade**

145 Hill Crest, American Falls, ID

Phone: 208-226-5321

## **EMERGENCY HOUSING**

### **Aid for Friends**

*Emergency shelter & transitional housing  
24-hour Shelter day or night*

#### **Shelter**

653 S. 4<sup>th</sup> St., Pocatello, ID

Phone: 208-232-5669

*Check in time 5:30pm-7pm*

*Night hours 5:30pm – 8:00am*

#### **Administration Office**

555 S. 1<sup>st</sup> St., Pocatello, ID

*Hours: Mon-Fri 9-5pm*

Phone: 208-232-0178

### **Bingham Crisis Center (2 shelters)**

*Victims of Domestic Violence or Sexual  
Abuse. Men, Women and Children. No staff.  
Not handicap accessible. Stay 1-2 weeks.*

288 N. Shilling St., Blackfoot, ID

Phone: 208-785-1047

### **SEICAA-Veteran's Services**

825 E. Bridger St., Pocatello, ID

Phone: 208-232-1114 ext. 145

## **RETIREMENT LIVING**

### **Cottonwood Cove-Retirement Park**

*Designed for the independent retired  
person. Cottonwood Cove is not a nursing  
home or an assisted living center.*

1052 W. Quinn Rd., Chubbuck, ID

Phone: 208-237-8842

[www.cottonwoodcoveretirement.com](http://www.cottonwoodcoveretirement.com)

## **SENIOR/DISABLED HOUSING**

### **Idaho Housing & Finance**

390 W. Sunnyside Rd., Idaho Falls, ID

Phone: 208-522-6002

### **Kirkwood Meadows**

1222 Freeman Lane, Pocatello, ID

Phone: 208-232-5580

### **Rose Park Place (Senior 55+)**

1385 Meggan St., Blackfoot, ID

Phone: 208-782-0085

### **Shoshone-Bannock Tribes Housing**

**Authority-** Fort Hall Housing Authority

161 Wardance Circle, Fort Hall, ID

Phone: 208-237-1174

Phone: 208-237-1236 ext.10

### **South Downey Apartments**

*Elderly Housing 62+ or*

*Social Security Disability*

66 S. Main St., Downey, ID

Contact: Marsha or Gordon

Phone: 208-766-0917

### **Southside Apartments**

94 E. 50 S., Malad, ID

Contact: Marsha or Gordon

Phone: 208-766-0917

### **Southside Senior Villa**

*Elderly Housing 62+ or*

*Social Security Disability*

120 E. 90 S., Malad, ID

Phone: 208-766-0917

## **SENIOR/DISABLED HOUSING**

### **Southwinds**

114 E. 90 S., Malad, ID  
Phone: 208-766-0917

### **Sunny Ridge Apartments**

1615 Camas St., Blackfoot, ID  
Phone: 208-782-2111

### **Sunset Manor** *(section 8)*

106 N.E. Main St., Blackfoot, ID  
Phone: 208-785-6171

### **West Pine Apartments** *(Office Apt. 19)*

343 W. Pine St., Shelley, ID  
Phone: 208-357-2025

### **Westport Apartments**

201 Lee St. A 101, American Falls, ID  
Phone: 208-226-7095

## **SENIOR/DISABLED HOUSING**

### **LOW INCOME**

#### **Housing Authority City of Pocatello**

*Administers the Section 8 Housing Choice Voucher Program under contract with the U.S. Department of Housing and Urban Development (HUD). This program enables very-low income families to obtain decent, safe, and affordable housing*

711 N. 6<sup>th</sup> Ave., Pocatello, ID  
Phone: 208-233-6276

Email: [michele@hacp.services](mailto:michele@hacp.services)

#### **Christensen Court**

711 N. 6<sup>th</sup> St., Pocatello, ID  
Phone: 208-233-6276

#### **Katsilometes Apartments**

675 and 695 N. 7<sup>th</sup>, Pocatello, ID  
Phone: 208-233-6276

#### **Maple West Apartments**

350 W. Maple, Pocatello, ID  
Phone: 208-233-6276

#### **McKinley Manor**

1020 McKinley Ave., Pocatello, ID  
Phone: 208-233-6276

#### **Pinewood Apartments**

888 E. Pine St., Pocatello, ID  
Phone: 208-233-6276

#### **Portneuf Towers**

666 W. Day St., Pocatello, ID  
Phone: 208-233-6276

#### **SEICAA Housing Office -Pocatello**

*SEICAA safe and affordable housing*

641 N. 8<sup>th</sup> Ave., Pocatello, ID  
Hours: *M-Thurs. 7-5:30pm*  
Phone: 208-232-1114

#### **Fountain Court (SEICAA)**

575 W. Carter St., Pocatello, ID  
Phone: 208-232-1114

#### **Fountain Court (SEICAA)**

704 S. Hayes St., Pocatello ID  
Phone: 208-232-1114

#### **SEICAA Manor (SEICAA)**

210 W. Sherman St., Pocatello, ID  
Phone: 208-232-1114

#### **St. Anthony Place (SEICAA)**

*Apartments are available for 62 or older. Waiver for 55 years of age or older.*

650 N. 7<sup>th</sup> Ave., Pocatello, ID  
Phone: 208-232-1114

#### **Station 1938 (SEICAA)**

211 S. 2<sup>nd</sup> Ave., Pocatello, ID  
Phone: 208-232-1114

#### **SEICAA Housing Office-Blackfoot**

South Oak Apartments  
250 S. Oak, Blackfoot, ID  
Phone: 208-785-5256

Updated 09/01/2017



## **LEGAL ASSISTANCE**

### **Angela Jensen, Attorney at Law Elder Care**

150 S. Arthur Ave. Ste. 201, Pocatello, ID  
Phone: 208-233-2421  
Phone: 208-241-7241  
Email: [angelajensen@cableone.net](mailto:angelajensen@cableone.net)

### **Boyd Peterson, Attorney at Law**

112 S. Main St., Firth, ID  
Phone: 208-346-6468

### **Craig W Parrish, Attorney at Law**

Parish Law Office  
239 N. 8<sup>th</sup> Ave., Pocatello, ID  
Phone: 208-234-1234

### **Fred Belzer, Attorney at Law**

850 E. Center St. Ste. B-2, Pocatello, ID  
Phone: 208-234-7118  
[info@fredbelzerlaw.com](mailto:info@fredbelzerlaw.com)

### **Idaho Legal Aid Services, Inc.**

*Low cost legal aid for low-income persons and the elderly. Contact for other city schedules*  
150 S. Arthur St. Ste. 203, Pocatello, ID  
Phone: 208-233-0079

### **Idaho Senior Legal Hot Line**

*The Idaho Senior Legal Hotline is a statewide, toll-free, client access system for people 60 years of age and older, to obtain free legal assistance by phone with civil legal problems from an attorney. We can help with questions on: Wills, Probate, Medicaid, Medicare, Consumer issues, Housing/real estate/mobile homes, Taxes, Family law, Public benefits, Social Security and SSI, Pension, Long Term Care issues and Grandparent rights.*  
Toll Free: 1-866-345-0106  
Spanish Speaking: 1-866-954-2591

## **Idaho Volunteer Lawyers Program (IVLP)**

*Increase the availability of legal services to the state's low-income individuals and families.*

Phone: 208-334-4510  
Toll-free: 1-800-221-3295  
[isb.idaho.gov/ilf/ivlp/ivlp.html](http://isb.idaho.gov/ilf/ivlp/ivlp.html)

## **MEDICAL ASSISTANCE**

### **Aberdeen's Health West Clinic**

330 N. Main St., Aberdeen, ID  
Phone: 208-397-4127  
Phone: 208-397-4126

### **American Falls Health West Clinic**

823 Reed St., American Falls, ID  
Phone: 208-226-2822

### **Blackfoot Medical Center**

1441 Parkway Dr., Blackfoot, ID  
Phone: 208-785-2600

### **Chubbuck Health West**

*Pine Ridge Mall Parking Lot*  
880 W. Quinn Rd., Chubbuck, ID  
Phone: 208-238-2000

### **Downey Health West Clinic**

79 N. Main St., Downey, ID  
Phone: 208- 897-5600

### **Firth Medical Center**

114 S. Main St. Firth, ID  
Phone: 208-346-6614

### **Lava Health West Clinic**

85 S. 5<sup>th</sup> W., Lava Hot Springs, ID  
Phone: 208-776-5202

Updated 09/01/2017

## **MEDICAL ASSISTANCE**

### **Mesothelioma Prognosis Network**

Vanessa Kwan-Public Outreach

[www.mesotheliomaprognosis.com](http://www.mesotheliomaprognosis.com)

Email:

[vkwan@mesotheliomaprognosis.com](mailto:vkwan@mesotheliomaprognosis.com)

### **McCammom Health West Clinic**

204 Center St., McCammom, ID

Phone: 208-254-9326

### **Pocatello Health West Clinic**

500 S. 11<sup>th</sup> Ave. Ste. 102, Pocatello, ID

Phone: 208-232-6260

### **Pocatello Family Medicine**

465 Memorial Dr., Pocatello, ID

Phone: 208-282-4700

### **Pocatello Free Clinic**

429 Washington St., Pocatello, ID

Phone: 208-233-6245

### **Shelley Family Medical Center/Clinic**

210 S. Emerson St., Shelley, ID

Phone: 208-357-7404

### **Southeastern Idaho Public Health**

1901 Alvin Ricken Dr., Pocatello, ID

Phone: 208-233-9080

### **Veterans Clinic**

444 Hospital Way, Pocatello, ID

Phone: 208-232-6214

## **MEDICARE ASSISTANCE**

### **Area V Agency on Aging**

*Medicare- fraud and abuse education*

214 E. Center St., Pocatello, ID

Phone: 208-233-4032

### **Low Income Subsidy (LIS)**

Social Security Administration

861 Jefferson Ste. F, Pocatello, ID

Toll Free: 1-866-643-3407

### **Medicare Savings Program (MSP) Health & Welfare**

*Assistance with Medicare premiums, and other cost-sharing (like deductibles, coinsurance, and copayments)*

Blackfoot: 208-785-5826

Pocatello: 208 -235-2900

Preston: 208- 852-0634 x1

### **Senior Health Insurance Benefits Advisors (SHIBA)**

*Insurance benefits counseling, Medicare, Medigap insurance, information. No cost.*

Phone: 208-236-6044

Toll Free: 1-800-247-4422

Compliance Officer, DOI: 208-236-6144

Investigator: 1-800-721-3272

[www.doi.idaho.gov](http://www.doi.idaho.gov)

## **SENIOR CENTERS**

*Centers provide congregate/home delivered meals. Other activities, senior transportation, vary from center to center*

### **Aberdeen Senior Center**

42 W. Washington St., Aberdeen, ID

Contact: Amy

Phone: 208- 397-4349

Hours: 8-5 M-F

**Meals Served:** *Tue and Fri @ Noon*

Email: [seniorcitizen@frontier.com](mailto:seniorcitizen@frontier.com)

### **Bingham County Senior Center**

20 E. Pacific St., Blackfoot, ID

Contact: Pam Beus

Phone: 208-785-4714

Hours: 8-4 M-F

**Meals Served:** *Mon-Fri @ Noon*

*Sat and Sun- Frozen Meals*

Email: [Seniors4ever@qwestoffice.net](mailto:Seniors4ever@qwestoffice.net)

### **Caribou County Senior Center**

60 S. Main St., Soda Springs, ID

Contact: Stacie Watkins

Phone: 208-547-3007

Hours: 8-4 M, W, F

**Meals Served:** *Wed and Fri @ Noon*

Email: [carsenior@silverstarbroadband.com](mailto:carsenior@silverstarbroadband.com)

### **Curlew Valley Senior Center**

10808 S. 2300 W., Stone, ID

Contact: Tami Velasco

Phone: 208-698-3585

Hours: 7:30-4:30 M-TH

**Meals Served:** *Tue and Thurs @ Noon*

Email: [tamiv79@hotmail.com](mailto:tamiv79@hotmail.com)

### **Franklin County Senior Center**

64 W. 1<sup>st</sup> S., Preston, ID

Contact: Carol Parker

Phone: 208-852-2844

Hours: 7-2:30 M, W, F

**Meals Served:** *Mon, Wed, and Fri @ Noon*

Email: [communitycenter60@yahoo.com](mailto:communitycenter60@yahoo.com)

### **Grace Thiel Community Center**

*(Bear Lake County Senior Center)*

300 Hospital Plaza, Montpelier, ID

Contact: Jackie Price

Phone: 208-847-3141

Hours: 9am-2pm M-F

**Meals Served:** *Tue-Fri @ Noon*

Email: [jackie.price68@gmail.com](mailto:jackie.price68@gmail.com)

### **Greater Pocatello Senior Center**

427 N. 6<sup>th</sup> Ave., Pocatello, ID

Contact: Anita Valiadolid

Phone: 208-233-1212

Hours: 8am-5pm M-F

**Meals Served:** *Mon-Fri @ Noon*

Email: [senioractivities@ida.net](mailto:senioractivities@ida.net)

### **Lava Hot Springs Senior Center**

150 N. Center, Lava Hot Springs, ID

Contact: Rosie Scott

Phone: 208- 776-5569

Hours: 8am-2pm M, W, F

**Meals Served:** *Mon, Wed, and Fri @ Noon*

Email: [thelavaseniors@aol.com](mailto:thelavaseniors@aol.com)

### **Marsh Valley Senior Center**

21 S. Main St., Downey, ID

Contact: Marsha Elmore

Phone: 208-897-5351

Hours: 7am-3pm M-Th

**Meals Served:** *Tues and Thurs @ Noon*

Email: [mvseniorcenter@icsofidaho.net](mailto:mvseniorcenter@icsofidaho.net)

Updated 09/01/2017

## **SENIOR CENTERS**

### **Oneida County Senior Center**

26 N. Main St., Malad, ID

Contact: Margaret Baker

Phone: 208-766-2250

Hours: 8am-3pm W, F

**Meals Served:** *Wed and Fri @ Noon*

Email: [mbarker612@aol.com](mailto:mbarker612@aol.com)

### **Oneida School District**

25 E. 50 S. #A, Malad, ID

Contact: Rich Moore

(School Superintendent)

Phone: 208-766-4701

Email: [rich.moore@malad.us](mailto:rich.moore@malad.us)

### **Power County Senior Center**

180 Idaho St., American Falls, ID

Contact: Kathleen Ulrich

Phone: 208-226-2794

Hours: 8am-2pm M, W, F

**Meals Served:** *Mon, Wed, and Fri @ Noon*

Email: [pcsenior60@live.com](mailto:pcsenior60@live.com)

### **SEICAA/MOW**

825 E. Bridger St., Pocatello ID

Contact: Andrea Demartinis

Phone: 208-232-1114 ext. 139

Hours: 8am-4:30pm M-F

**Meals Served:** *Mon-Fri @ Noon*

Email: [ademartinis@seicca.org](mailto:ademartinis@seicca.org)

### **Shelley Senior Center**

193 W. Pine St., Shelley, ID

Contact: Denine Wong

Phone: 208-357-3621

Hours: 9am-2:30pm T-F

**Meals Served:** *Wed and Fri @ Noon*

Email: [seniors3621@yahoo.com](mailto:seniors3621@yahoo.com)

### **Shoshone-Bannock Nutrition**

Pima Dr., Fort Hall, ID

Phone: 208-478-3858

Hours: 8am-5pm M-F

**Meals Served:** *Mon-Fri @*

*11:30am-12:30pm*

[jhayes@shoshonebannocktribes.com](mailto:jhayes@shoshonebannocktribes.com)

## **SOCIAL ACTIVITIES**

### **Community Recreation Center**

*Public recreation, exercise programs,*

144 Wilson St. Pocatello, ID

Phone: 208-232-3901

### **City of Pocatello Parks and Rec**

*For a schedule call*

Phone: 208-234-6232

### **Fitness Incorporated**

1800 Garrett Way St. #19, Pocatello, ID

Phone: 208-233-8035

### **Heart to Heart-Pets with a Purpose**

*For more information contact: Jane*

Phone: 208-233-9078

### **Silver Sneakers®**

*45 min. class using chairs, weights, balls, & bands targeting senior members to improve balance, flexibility*

1800 Garrett Way #19, Pocatello, ID

Phone: 208-233-8035

### **Idaho Fish & Game Department**

*Hunting and fishing licenses*

*Senior discount, age 65+and resident*

1345 Barton Rd., Pocatello, ID

Phone: 208-232-4703

Updated 09/01/2017

## **SOCIAL ACTIVITIES**

### **New Knowledge Adventures**

*ISU Division of Continuing Education  
It is member-directed organization for adults of retirement age to expand knowledge & explore new ideas in an informal, noncompetitive environment.  
Membership to people 50+  
Phone: 208-282-2789  
Phone: 208-282-3155  
<http://www.isu.edu/conteduc>*

### **Fit and Fall Proof**

Michelle Butterfield, M.H.E.  
Southeastern Idaho Public Health  
Physical Activity & Nutrition Program  
1901 Alvin Ricken Dr.  
Pocatello, ID 83201 208-239-5207  
[www.siphidaho.org](http://www.siphidaho.org)<<http://www.siphidaho.org>>

### **SEICAA Senior Services**

**R.S.V.P. Retired Senior Service Volunteer Program**  
641 N. 8<sup>th</sup> Ave., Pocatello, ID  
Phone: 208-232-1114 ext. 139

## **SOCIAL SECURITY ADMINIST**

861 Jefferson Ave. Ste. F, Pocatello, ID  
Toll Free: 1-866-643-3407  
[www.ssa.gov](http://www.ssa.gov)

## **SUPPORT GROUPS**

### **Al-Anon**

*“A fellowship of relatives and friends of alcoholics who believe their lives have been affected by someone else’s drinking.”  
FREE OF CHARGE.*

Contact: Valloy or Ron

Phone: 208-237-4338

### **Alcoholics Anonymous**

Phone: 208-235-1444

[www.idahoarea18aa.org](http://www.idahoarea18aa.org)

### **Blind Support Group**

Quail Ridge  
797 Hospital Way, Pocatello, ID  
Contact: Dorothy Hatch  
Phone: 208-233-2307

### **Bright Tomorrows**

*Counseling service for children of sexual abuse and families  
409 Washington Ave., Pocatello, ID  
Phone: 208-234-2646*

### **Camp Rainbow Gold**

*Summer camp for Idaho children diagnosed with cancer and their families. Camps include an oncology camp, sibling camp, and a family camp. It is a support group for teens and a college scholarship program.  
216 W. Jefferson, Boise, ID  
Phone: 208-350-6435  
[www.camprainbowgold.org](http://www.camprainbowgold.org)*

### **Cancer Support Group**

Caribou Memorial Hospital  
Phone: 208-547-2788

### **Caregiver Support Group**

*4<sup>th</sup> Wed. of the month @ 2pm  
Area Agency on Aging office  
214 E. Center St., Pocatello, ID  
Phone: 208-233-4032*

## **SUPPORT GROUPS**

### **Sight Impaired Support Group**

Bingham Senior Center  
20 E. Pacific, Blackfoot, ID  
Phone: 208-785-6656

### **Compassionate Friends**

*Supporting family after a child dies*  
*Meets at Quail Ridge Assisted Living Chapel*  
Phone: 208-237-6318

### **Gem Valley Alzheimer's/Dementia**

Caribou Memorial Hospital  
300 S. 3<sup>rd</sup> W., Soda Springs, ID  
*Call for more information*  
Phone: 208-547-2788

### **Grief Support**

Encompass Home Health & Hospice  
1479 Bench Rd., Pocatello, ID  
Hours: *Thursdays @ 5:30pm*  
Phone: 208-637-1100

### **H.O.P.E. Support Group**

777 Hospital Way, Pocatello, ID  
Hours: *Mondays @ 5:00pm-6:30pm*  
*For more information:*  
Phone: 208-239-1754

### **Hope and Recovery**

214 e center  
Pocatello, ID  
Phone: 417-1749

### **ID Suicide Prevention Advocacy Network**

***HOT LINE 1-800-784-2433***

### **NAMI IDAHO**

Advocates for the Mentally Ill  
*"Voice" on Mental Illness*  
Pocatello, ID  
Phone: 208-233-9807  
Phone: 208-232-5791

### **Parkinson's Support Group of Southeastern Idaho**

Marshall Public Library (*Meeting room*)  
113 S. Garfield St., Pocatello, ID  
Phone: 208-232-0076

### **Pocatello Friendship Club**

745 S. 1<sup>st</sup> Ave., Pocatello, ID  
Phone: 208-232-9565

### **Pocatello Veteran's Center**

1800 Garrett Way, Pocatello, ID  
Phone: 208-232-0316

#### **Family support group**

*Monday- 12:00pm-1:00pm*

#### **Women Veteran support group**

*Tuesday- 12:00pm-1:00pm*

#### **PTSD support group**

*Wednesday- 4:30pm-6:00pm*

#### **Here and Now support group**

*Thursday- 3:30pm-5:00pm*

## **TAX ASSISTANCE**

### **Circuit Breaker Property Tax Deduction**

*For persons age 65+, widowed, blind,  
disabled or veteran. Income limit to qualify*  
624 E. Center St. Rm. #204, Pocatello, ID  
Phone: 208-236-7262

## **TAX ASSISTANCE**

### **Idaho State Tax Commission**

#### **Grocery Credit Refund**

*Unused grocery credit refund for persons 62+, or disabled veterans with income low enough to not file income taxes [www.tax.idaho.gov](http://www.tax.idaho.gov)*

611 Wilson St. Ste. 5, Pocatello, ID

Phone: 208-236-6244

Toll Free: 1-800-972-7660

Hearing Impaired: 1-800-377-3529

Hours: *M-TH 9:00am-4:30pm*

## **TAX ASSISTANCE**

### **SEICAA VITA**

Volunteer Income Tax Assistance

641 N. 8<sup>th</sup> Ave., Pocatello, ID

Phone: 208-232-1114 ext. 139

## **TRANSPORTATION**

### **Bannock Transportation**

*Medicaid, Private Pay*

1134 N. Main St., Pocatello, ID

Phone: 208-232-0537

### **Pocatello Transit Center**

*Senior/Disabled transportation*

***To schedule call before 3:00 pm the day before transportation is needed.***

215 W. Bonneville St., Pocatello, ID

Phone: 208-234-2287

Phone: 208-232-0111

<http://pocatellotransit.com>

### **Salt Lake City Express**

*Daily shuttles between Salt Lake City and Southeast Idaho*

Toll Free: 1-800-356-9796

[www.saltlakeexpress.com](http://www.saltlakeexpress.com)

## **TRANSPORTATION**

### **Taxi Scrip Program LIFE, Inc.**

*Participants purchase \$20 worth of taxi ride coupons for \$10. Eligibility requires a disabling condition which prevents an individual from being able to drive.*

640 Pershing St. Ste. A, Pocatello, ID

Phone: 208-232-2747

Yellow Cab: 208- 237-8294

Mark's Daily Taxi: 208-223-0263

## **VETERAN SERVICES**

### **Idaho VA Administration**

351 Collins Rd., Boise, ID

Phone: 208-780-1300

### **Behavioral Health Crisis Center**

1650 N. Holmes, Idaho Falls, ID

Phone: 208-552-0727

### **Boise VA Regional Office**

444 W. Fort St., Boise, ID

Toll Free: 1-800-827-1000

### **Boise VA Medical Center**

500 W. Fort St., Boise, ID

Phone: 208-422-1000

### **VA Community Based Outpatient Clinic**

#### **Pocatello**

444 Hospital Way Ste. 801, Pocatello, ID

Phone: 208-232-6214

## **VETERAN SERVICES**

### **County Veteran Service Coordinators:**

Bannock County- Melissa Hartman

Phone: 208-282-4245

Bear Lake County- Ed Lyon

Phone: 208-766-3355

Bingham County- Laura Lora

Phone: 208-785-3096

Caribou County- Gary Petersen

Phone: 208-547-3737

Franklin County- Vern Rogers

Phone: 208-851-2824

Oneida County- Gene Caldwell

Phone: 208-766-4014

Cell: 208-251-6744

Power County- Sheldon Kovarsky

Phone: 208-220-2278

### **Combat Call Center**

Toll Free: 1-877-927-8387

### **Domestic Violence & Sexual Assault Center**

1050 Memorial Dr., Idaho Falls, ID

Phone: 208-529-4352

### **Homeless & Justice Clinical Recovery Program (CBOC)**

444 Hospital Way, Pocatello, ID

Phone: 208-530-0666

### **Idaho Food Bank**

555 S. 1<sup>st</sup> Ave., Pocatello, ID

Phone: 208-233-8811

[www.idahofoodbank.org](http://www.idahofoodbank.org)

### **Idaho Free Legal Aid**

Phone: 208-233-0379

### **Idaho State Veterans Nursing Home**

1957 Alvin Ricken Dr., Pocatello, ID

Phone: 208-235-7800

### **Idaho State Veterans Service Officers**

Phone: 208-235-7890

### **ISU Veterans' Sanctuary**

921 S. 8<sup>th</sup> Ave., Pocatello, ID

Contact: Melissa Hartman

Phone: 208-282-4245

Email: [melissah@co.bannock.id.us](mailto:melissah@co.bannock.id.us)

### **Military ID Cards**

*Army National Guards*

Phone: 208-237-3701

### **Salt Lake City VA Medical Center**

500 Foothill Dr., Salt Lake City, UT

Phone: 801-582-1565

Toll Free: 1-800-613-4012

[www.va.gov](http://www.va.gov)

### **SEICAA-Veteran Services**

*Veteran Services helps program*

*participants attain goals, using community services while finding employment.*

**Housing Facility-** Freedom L Z,

641 N. 8<sup>th</sup> St., Pocatello, ID

Phone: 208-232-1114 ext. 145

### **Pocatello Veteran Center**

1800 Garrett Way Ste. 47, Pocatello, ID

Phone: 208-232-0316

### **Veteran Crisis Line**

Toll Free: 1-800-273-8255 (Press 1)

Text: 838255



## **VOLUNTEER OPPORTUNITIES**

### **Area Agency on Aging- AAA**

214 E. Center St., Pocatello, ID

Phone: 208-233-4032

### **Salvation Army**

400 N. 4<sup>th</sup> Ave., Pocatello, ID

Phone: 208-232-5318

### **Senior Health Insurance Benefits Advisors (SHIBA)**

353 N. 4<sup>th</sup> Ave. Ste. 200, Pocatello, ID

Phone: 208-236-6044

Toll Free: 1-800-247-4422

### **Senior Medicare Patrol**

*Opportunities for all 7 southeast counties*

Area Agency on Aging Office

214 E. Center St., Pocatello, ID

Phone: 208-233-4032

### **SEICAA –RSVP**

#### ***Retired Senior Volunteer Program***

825 E. Bridger St., Pocatello, ID

Phone: 208-232-2878

### **United Way of Southeastern Idaho**

275 S. 5<sup>th</sup> Ste. 243, Pocatello, ID

Phone: 208-232-1389

[www.unitedwaysei.org](http://www.unitedwaysei.org)